



## Session 2: Transforming Systems and Processes to Promote Connectedness.

How systems of care can undermine connectedness and reinforce the conditions of social isolation and loneliness within the nursing home.

### Best Practices:

Incorporating these seven elements into person-centered and person-driven care planning will help identify the conditions of social isolation and loneliness in individuals and creatively provide care that supports their unique goals and needs.

#### The Eden Alternative identifies seven Domains of Wellbeing that encompass quality of life:

- **Identity:** Who am I as an individual?
- **Connectedness:** Where do I feel a sense of belonging?
- **Security:** Are my needs being met, am I comfortable?
- **Autonomy:** Do I have power of choice?
- **Meaning:** Is there purpose in my life?
- **Growth:** What opportunities do I have to learn and develop?
- **Joy:** Where is the source and nature of my fulfillment?

### The Evolution of Care Models

Institutional Care Model	Person-Centered Care Model	Person-Driven Care Model
Care directives are generated by the institution (facility) and carried out by the staff based on orders, directives, and regimented systems of care – a hierarchy model.	Care directives are generated collaboratively between the elder and the caregiving team (nursing home) influenced by the system of care-a collaborative model.	Care directives are generated by the care receiver’s preferences and goals. The caregiving team (home) supports and creatively assists in providing care and services as the care receiver directs.

### Links to Supporting Documents

- [Person-Driven Outcome Measures Help Achieve Equitable Outcomes](#)
- [Certain Social Factors Can Predict Early Death in Elder Adults](#)

### Discussion Questions:

- What do you feel are the main barriers to individuals in your home finding the companionship they desire?
- Please brainstorm and share some transformative ideas to overcome/change existing systems to address isolation and lack of companionship in your home.
- Consider and share what types of routine care tasks could be approached differently as a means for relationship building.